

Organic pecan nuts, compostable bag 6x100g

Our organic pecan nuts are a true delight for all nut lovers. They stand out for their high quality, crunchy bite, and sweet, buttery flavour. Pecans are close relatives of the [walnut](#) and have a slightly slimmer shape and milder taste. Pecan nuts are versatile and can be enjoyed raw or used in various dishes. They are excellent for baking, such as in cakes, muffins, or cookies. They also make a delicious addition to muesli or salads, either raw or lightly roasted. Moreover, pecans can be used in savoury dishes like poultry or vegetable dishes. Originally from the USA, pecans are now also grown in Africa, Australia, and Asia, including China. The pecan is also known as the hickory nut.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	3018 kj
Calorific value kcal	721 kcal
Fat	72 g
Of which saturated fatty acids	6.2 g
Carbohydrates	4.3 g
Of which sugar	4 g
Fibers	9.6 g
Protein	9.2 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein

Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Ja
Pecans	Nein
Pecans	Ja
Pecans	Nein
Pecans	Ja
Pecans	Nein
Pecans	Ja
Pecans	Nein

Pecans	Ja
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein