

# Organic Fruit Muesli, compostable bag 6x500g

Packed with a colourful array of fruits, this mix brings the fruit basket to your breakfast muesli. Made with a base of oat, rye, and barley flakes, and a composition of dried sultanas, apples, apricots, figs, mangos, plums, and dates. Enjoy with milk, yoghurt, or a plant-based alternative. Also perfect for making energy bars and various baked goods.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

|                                |          |
|--------------------------------|----------|
| Calorific value kj             | 1484 kj  |
| Calorific value kj             | 1486 kj  |
| Calorific value kcal           | 355 kcal |
| Fat                            | 7.1 g    |
| Of which saturated fatty acids | 0.9 g    |
| Carbohydrates                  | 58.2 g   |
| Carbohydrates                  | 58.1 g   |
| Of which sugar                 | 17.1 g   |
| Of which sugar                 | 17 g     |
| Fibers                         | 9.6 g    |
| Fibers                         | 9.8 g    |
| Protein                        | 9.7 g    |
| Protein                        | 9.8 g    |
| Salt                           | 0.012 g  |

## Allergene

|                          |      |
|--------------------------|------|
| Gluten-containing cereal | Ja   |
| Gluten-containing cereal | Nein |
| Gluten-containing cereal | Ja   |

Horst Bode Import-Export GmbH

UST-IdNr.: DE154233667

|                                                                   |      |
|-------------------------------------------------------------------|------|
| Gluten-containing cereal                                          | Nein |
| Gluten-containing cereal                                          | Ja   |
| Gluten-containing cereal                                          | Nein |
| Gluten-containing cereal                                          | Ja   |
| Gluten-containing cereal                                          | Nein |
| Gluten-containing cereal                                          | Ja   |
| Gluten-containing cereal                                          | Nein |
| Gluten-containing cereal                                          | Ja   |
| Chicken egg                                                       | Nein |
| Peanuts                                                           | Nein |
| Milk                                                              | Nein |
| Celery                                                            | Nein |
| Sesame seeds                                                      | Nein |
| Lupines                                                           | Nein |
| Crustaceans                                                       | Nein |
| Fish                                                              | Nein |
| Soy                                                               | Nein |
| Nuts                                                              | Nein |
| Mustard                                                           | Nein |
| Sulfur dioxide and sulphite                                       | Nein |
| Molluscs                                                          | Nein |
| Cashews                                                           | Nein |
| Spelt                                                             | Nein |
| Barley                                                            | Ja   |
| Horst Bode Import-Export GmbH<br>Barley<br>USt-IdNr.: DE154233667 | Nein |



|            |      |
|------------|------|
| Pecans     | Nein |
| Pistachios | Nein |
| Rye        | Ja   |
| Rye        | Nein |
| Rye        | Ja   |
| Rye        | Nein |
| Rye        | Ja   |
| Rye        | Nein |
| Rye        | Ja   |
| Rye        | Nein |
| Rye        | Ja   |
| Rye        | Nein |
| Rye        | Ja   |
| Hazelnuts  | Nein |
| Sesame     | Nein |
| Walnuts    | Nein |
| Wheat      | Nein |