

Whole Grain Basmati Rice Organic 6x500g

The whole grain of Basmati rice offers a fresh and more intense flavour experience compared to classic Basmati. It is well suited for Asian and Indian stir-fries, casseroles, and as a side dish. The intense flavour and whole grain goodness make it a delicious and healthy choice.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1490 kj
Calorific value kcal	356 kcal
Fat	0.6 g
Of which saturated fatty acids	0.1 g
Carbohydrates	79.3 g
Of which sugar	0.3 g
Fibers	2.9 g
Protein	6.9 g
Salt	0.01 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein

Example Company

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein