

Hemp seed hulled unroasted

Designation: hemp seed hulled

Description: Whether in savoury dishes such as salads and soups, in sweet dishes such as muesli and porridge or as an ingredient in bars, energy balls and baked goods - hemp seeds are versatile and give every dish a nutritional boost. They are also excellent in smoothies or as a topping for an extra portion of good fats and proteins.

Preparation: Hemp seeds taste finely nutty. For sweet and savoury dishes such as muesli, salads, soups or in smoothie and for baked goods.

Ingridients: hemp seeds hulled*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: Yes
Naturally gluten-free: No
Plastic-free: Yes
Organic: Yes
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2479 kj
Calorific value kcal	592 kcal
Fat	48.8 g
Of which saturated fatty acids	4.6 g
Carbohydrates	4.7 g
Of which sugar	1.5 g
Fibers	4 g
Protein	31.6 g
Salt	0.013 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein

Example Company

Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein