

Organic Medium Shredded Coconut, 6x200g in a garden-compostable bag

Medium-sized, creamy-white shredded coconut with a firm texture and a mild, sweetish-milky flavour. Rich in fibre, these shreds are perfect for baking, cooking, and decorating sweet pastries, fruit salads, and other desserts. They come in a garden-compostable bag.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2801 kj
Calorific value kcal	670 kcal
Fat	64.5 g
Of which saturated fatty acids	57.2 g
Carbohydrates	7.4 g
Of which sugar	7.4 g
Fibers	16.3 g
Protein	6.7 g
Salt	0.09 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein

Mustard
Horst Bode Import-Export GmbH
USt-IdNr.: DE154233667

Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein