

# Thyme organic

**Designation:** thyme rubbed

**Description:** The rubbed and dried thyme has a grey-green colour and a strong aromatic scent. With its tart, aromatic flavour and a slightly bitter, earthy-smoky note, it is an indispensable spice in any kitchen. After careful harvesting and drying, the small leaves are removed from the plant stalk to guarantee the highest quality. Organic thyme is a versatile spice that is used in many different styles of cooking. It is a tried and tested ingredient in Mediterranean cuisine and adds a special depth of flavour to fish, meat, pasta and potato dishes. Thyme goes particularly well with sauces, tomato and mushroom dishes and is often combined with other popular Mediterranean spices such as basil, oregano and rosemary.

**Preparation:** Fine Organic Thyme can be used in a wide variety of ways in the kitchen and is an essential ingredient, especially in the Mediterranean cuisine.

**Ingridients:** thyme dried rubbed\*

\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** No  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Value Pack:** No

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

**Unzubereitet pro 100 g**

Calorific value kj	1345 kj
Calorific value kcal	321 kcal
Fat	7.4 g
Of which saturated fatty acids	3.7 g
Carbohydrates	45.3 g
Of which sugar	44.9 g
Fibers	18.63 g
Protein	9.1 g
Salt	0.15 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein

Example Company

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein