# Caraway whole organic

**Designation:** caraway whole

Description: Dried caraway seeds, whole. The seeds have a sweet, balsamic, slightly bitter and spicy flavour. With its intense flavour, it is suitable for sourdough breads and savoury baked goods such as onion tarts. It also flavours cabbage, sour kraut and potato dishes as well as hearty stews.

**Preparation:** Organic caraway adds a distinctive flavour to sourdough bread and savoury pies and pastries such as onion tart. It also adds flavour to cabbage and potato dishes and hearty stews, making them more digestible.

Ingridients: caraway whole\*

\* from controlled organic cultivation

Raw food: No Fairtrade: No Gluten-free: No Vegan: Yes Superfood: No

Naturally gluten-free: No Plastic-free: No Organic: Yes Value Pack: No

ECO Control Point: DE-ÖKO-003

#### Zum Produkt

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	1612 kj
Calorific value kcal	385 kcal
Fat	14.6 g
Of which saturated fatty acids	0.6 g
Carbohydrates	37.3 g
Of which sugar	7.4 g
Fibers	12.7 g
Protein	19.8 g
Salt	0.04 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk Example Company	Nein

Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein