

# Cinnamon milled Cassia organic

**Designation:** cinnamon milled

**Description:** Cassia cinnamon is intensely aromatic, delicately sweet and slightly spicy. The fine red-brown powder is not only ideal for Christmas baking, but also refines other baked goods and desserts such as cinnamon rolls, rice pudding or baked apples as well as savoury dishes such as lamb and poultry dishes. It is an ingredient in many spice blends, e.g. curry. Cassia cinnamon is obtained by peeling the inner bark of the cassia cinnamon tree (*Cinnamomum cassia*) and comes from Indonesia, Vietnam, Sumatra and China.

**Preparation:** Whether in cinnamon buns, muffins, cakes or other baked goods, the intense flavour of Organic Cassia Cinnamon adds a special touch. Cassia cinnamon is not only used in baking, but also in the preparation of hot drinks. Be it in a spicy chai tea, a hot chocolate or a warming fruit punch.

**Ingridients:** cinnamon milled\*

\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** No  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Value Pack:** No

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

**Unzubereitet pro 100 g**

Calorific value kj	1017 kj
Calorific value kcal	243 kcal
Fat	1.2 g
Of which saturated fatty acids	0.3 g
Carbohydrates	27.5 g
Of which sugar	2.2 g
Fibers	53.1 g
Protein	4 g
Salt	0.03 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein

Example Company

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein