

Nettle tea organic 1kg

Designation: nettle tea

Description: Stinging nettle is a popular herb that has been used to make tea for many generations. Infusing the fine nettle leaves produces a tea with a mild, earthy and slightly sweet flavour. Nettle leaf tea can be drunk hot or cold.

Preparation: Pour ¼ L boiling water on a heaped tablespoon of nettle leaves and then leave to infuse for min. 10 min. This is the only way to obtain a safe food.

Ingridients: Brennnesselblätter geschnitten Tee) (nettle dried*)

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Colli/Multi package: We trade this item in various packaging units. The current packaging size is 1kg. Please refer to the order confirmation for the final packaging unit.
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

| | |
|--------------------------------|----------|
| Calorific value kj | 1230 kj |
| Calorific value kcal | 294 kcal |
| Fat | 3.9 g |
| Of which saturated fatty acids | 0.6 g |
| Carbohydrates | 7.9 g |
| Of which sugar | 5.1 g |
| Fibers | 19.8 g |
| Protein | 46.9 g |
| Salt | 1.08 g |

Allergene

| | |
|--------------------------|------|
| Gluten-containing cereal | Nein |
| Chicken egg | Nein |
| Peanuts | Nein |

| | |
|-----------------------------|------|
| Milk | Nein |
| Celery | Nein |
| Sesame seeds | Nein |
| Lupines | Nein |
| Crustaceans | Nein |
| Fish | Nein |
| Soy | Nein |
| Nuts | Nein |
| Mustard | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs | Nein |
| Cashews | Nein |
| Spelt | Nein |
| Barley | Nein |
| Oat | Nein |
| Hybrid Strains | Nein |
| Kamut | Nein |
| Macadamia | Nein |
| Almonds | Nein |
| Brazil Nuts | Nein |
| Pecans | Nein |
| Pistachios | Nein |
| Rye | Nein |
| Hazelnuts | Nein |
| Sesame | Nein |
| Walnuts | Nein |
| Wheat | Nein |