

# Turmeric ground organic 1kg

**Designation:** turmeric milled

**Description:** The colouring spice has been used in India for over 4000 years and is an indispensable ingredient in most curry mixtures.

**Preparation:** Turmeric belongs to the ginger family and tastes mildly spicy with a slightly tart note. The warm aroma develops during cooking. Season rice dishes, dips, pulses and sauces or prepare the popular "golden milk" with it. Our turmeric grows in India. The intensely yellow colouring spice has been used there for over 4000 years.

**Ingridients:** curcuma root dried milled\*

\* from controlled organic cultivation

**Raw food:** No

**Fairtrade:** No

**Gluten-free:** No

**Vegan:** Yes

**Superfood:** Yes

**Naturally gluten-free:** No

**Plastic-free:** No

**Organic:** Yes

**Colli/Multi package:** We trade this item in various packaging units. The current packaging size is 1kg. Please refer to the order confirmation for the final packaging unit.

**Value Pack:** No

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1220 kj
Calorific value kcal	292 kcal
Fat	3.3 g
Of which saturated fatty acids	1.8 g
Carbohydrates	44.4 g
Of which sugar	3.2 g
Fibers	22.7 g
Protein	9.7 g
Salt	0.068 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein