# Organic whole caraway seeds 5kg

Dried whole caraway seeds. The seeds have a sweet, balsamic, slightly bitter and spicy taste. With its intense aroma, it is suitable for sourdough breads and savoury baked goods such as onion pie. It also seasons cabbage, kale and potato dishes as well as hearty stews. In our shop you will also find finely ground caraway.

### Zum Produkt

#### Nährwerte

#### Unzubereitet pro 100 g

on-Laboration pro 100 g		
Calorific value kj	1612 kj	
Calorific value kcal	385 kcal	
Fat	14.6 g	
Of which saturated fatty acids	0.6 g	
Carbohydrates	37.3 g	
Of which sugar	7.4 g	
Fibers	12.7 g	
Protein	19.8 g	
Salt	0.04 g	

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard Example Company	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein