

Rice Basmati white organic 5kg

Designation: basmati rice white

Description: The delicate classic with its slightly floral-scented aroma is excellent as a side dish for stews, curries and meat dishes, as well as for exotic stir-fries and stuffings.

Preparation: Boil 2 cups of water, add 1 cup of rice and cook at low heat for about 15 minutes until the water is absorbed. Season to taste. Basmati rice has a loose consistency and is ideal for wok dishes, salads and pan-fried dishes.

Ingridients: basmati rice white*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: Yes
Plastic-free: No
Organic: Yes
Value Pack: No

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1472 kj
Calorific value kcal	352 kcal
Fat	1.1 g
Of which saturated fatty acids	0.2 g
Carbohydrates	75.4 g
Of which sugar	0.3 g
Fibers	2.2 g
Protein	9 g
Salt	0.03 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein

Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein