

Organic Roasted and Salted Cashew Nuts 5kg

Experience the delicious flavour of our organic cashews, which are finely roasted and perfectly salted. These crunchy delicacies not only offer an irresistible nutty treat, but are also a source of protein and have a high fibre content. Our organically grown cashews are carefully selected and gently roasted to preserve their natural flavour. Salting brings out their flavour and makes them a perfect snack. But cashews are more than just a snack. Thanks to their high nutritional profile, they are ideal as an enriching ingredient in a variety of recipes. They add a special flavour to savoury mixtures, are a tasty addition to cooking and a delicious ingredient for salads and sauces.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2275 kj
Calorific value kj	2740 kj
Calorific value kcal	544 kcal
Calorific value kcal	655 kcal
Fat	36.7 g
Fat	48.6 g
Of which saturated fatty acids	10 g
Of which saturated fatty acids	9.7 g
Carbohydrates	33.3 g
Carbohydrates	29.8 g
Of which sugar	6.7 g
Of which sugar	5.9 g
Fibers	6.7 g
Fibers	7.5 g
Protein	16.7 g
Protein	20.8 g
Salt	0.415 g
Salt	0.14 g

Allergene

Gluten-containing cereal	Nein
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Example Company

Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein

Cashews	Ja
Cashews	Nein
Cashews	Ja
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein