

Organic brown almonds 6x500g

We only use European almonds! They have a distinctly nuttier and more aromatic taste than overseas almonds. The almond kernels have light to medium brown skin and are mostly 10 to 14 mm in size. An ounce (approx. 28g) contains approx. 27 to 30 pieces. Almonds provide many dietary fibres and are a good source of protein. They are crunchy and firm to the bite and have a delicate flavour. They are perfect for snacking, baking, cooking, as well as for mixes and toppings, and for desserts. We also offer almonds that are already [blanched](#).

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2491 kj
Calorific value kcal	595 kcal
Fat	49.9 g
Of which saturated fatty acids	3.8 g
Carbohydrates	9.1 g
Of which sugar	4.4 g
Fibers	12.5 g
Protein	21.2 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Horst Bode Import-Export GmbH FISH UST-IdNr.: DE154233667	Nein

Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein