

# Pistachios green 1kg organic

**Designation:** pistachio kernels green

**Description:** Green, blanched organic pistachio kernels are a visual and flavourful delight. The kernels are an intense yellow-green to green and have the slightly sweet and intensely nutty flavour that is so typical of pistachios. Pistachios are a source of protein and rich in fibre. Due to their unique flavour, they are suitable raw or lightly roasted as an ingredient or decoration for fine cakes, tarts, biscuits and desserts. They are also a wonderful addition to savoury dishes in oriental cuisine. Fancy a recipe for a very special nut butter? Chop 100 g of roasted pistachios into 200g white almond butter using a (hand) blender. Season with a pinch of salt to taste and enjoy.

**Preparation:** Raw or lightly roasted as a snack or as a decoration or ingredient for fine pastries, chocolates and oriental dishes.

**Ingridients:** pistachio kernels green\*  
\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** No  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Colli/Multi package:** We trade this item in various packaging units. The current packaging size is 1kg. Please refer to the order confirmation for the final packaging unit.  
**Value Pack:** Yes

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

Unzubereitet pro 100 g

|                                |          |
|--------------------------------|----------|
| Calorific value kj             | 2410 kj  |
| Calorific value kcal           | 576 kcal |
| Fat                            | 45.3 g   |
| Of which saturated fatty acids | 5.9 g    |
| Carbohydrates                  | 16.6 g   |
| Of which sugar                 | 7.7 g    |
| Fibers                         | 10.6 g   |
| Protein                        | 20.2 g   |
| Salt                           | 0.003 g  |

## Allergene

|                          |      |
|--------------------------|------|
| Gluten-containing cereal | Nein |
| Chicken egg              | Nein |
| Peanuts                  | Nein |

Example Company

|                             |      |
|-----------------------------|------|
| Milk                        | Nein |
| Celery                      | Nein |
| Sesame seeds                | Nein |
| Lupines                     | Nein |
| Crustaceans                 | Nein |
| Fish                        | Nein |
| Soy                         | Nein |
| Nuts                        | Ja   |
| Nuts                        | Nein |
| Nuts                        | Ja   |
| Nuts                        | Nein |
| Nuts                        | Ja   |
| Nuts                        | Nein |
| Nuts                        | Ja   |
| Mustard                     | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs                    | Nein |
| Cashews                     | Nein |
| Spelt                       | Nein |
| Barley                      | Nein |
| Oat                         | Nein |
| Hybrid Strains              | Nein |
| Kamut                       | Nein |
| Macadamia                   | Nein |
| Almonds                     | Nein |
| Brazil Nuts                 | Nein |
| Pecans                      | Nein |

|            |      |
|------------|------|
| Pistachios | Ja   |
| Pistachios | Nein |
| Pistachios | Ja   |
| Pistachios | Nein |
| Pistachios | Ja   |
| Pistachios | Nein |
| Pistachios | Ja   |
| Rye        | Nein |
| Hazelnuts  | Nein |
| Sesame     | Nein |
| Walnuts    | Nein |
| Wheat      | Nein |