

Organic Spanish 'Golden Figs' Premium 6x250g

Whole dried golden figs from Spain. They are light to golden brown, taste aromatic and honey-like sweet. The fibre-rich fruits are popular as a snack due to their mouth-friendly size and are also suitable for cooking and baking. In summer, before the arrival of the new harvest, the figs sugar more, but this does not affect the quality. On the contrary: The sugaring is a completely natural process. During the drying of the fruits, a residual moisture remains, which continues to decrease during storage and emerges to the outside. With this water, the fruit sugar also gets to the outer surface of the dried fruit, where it then dries and can be seen as a white layer. This sugaring proves the naturalness and organic quality of the dried fruits.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1188 kj
Calorific value kcal	284 kcal
Fat	0.5 g
Of which saturated fatty acids	0.5 g
Carbohydrates	59.3 g
Of which sugar	59.3 g
Fibers	12.5 g
Protein	4.3 g
Salt	0.01 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein

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Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein