

Organic Cashew Nuts 6x500g

The number 320 represents the quantity of cashew nuts found in 454 g (= English pound). These mildly nutty kernels range from ivory to beige in colour and are a source of protein. Ideal for snacking, cooking, and baking, they add an exotic touch to various dishes, salads, sauces, desserts, or trail mix. Perfect for muesli too.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2435 kj
Calorific value kcal	582 kcal
Fat	44 g
Of which saturated fatty acids	8 g
Carbohydrates	27 g
Of which sugar	6 g
Fibers	3 g
Protein	18 g
Salt	0.03 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein

Horst Bode Import-Export GmbH

UST-IdNr.: DE154233667

Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
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Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Spelt	Nein
Horst Bode Import-Export GmbH Barley US-EIN: DE154233667	Nein

Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein