

Green pistachio kernels with skin organic 1kg

Green organic pistachio kernels with skin and without shell. The inside of the pistazios is yellow to green, the skin green-brown to slightly violet. Their taste is slightly sweet and intensely nutty. Pistachios are a source of protein and rich in fiber. Their unique taste makes them raw or lightly roasted an excellent ingredient or decoration for delicious cakes, pies, cookies and desserts. Also as an ingredient in savory dishes of the oriental cuisine they are a wonderful enrichment. Treat yourself to this luxury in everyday life and enjoy further delicious nuts like our [roasted and salted pistachio kernels with shell](#).

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2464 kj
Calorific value kcal	589 kcal
Fat	45.8 g
Of which saturated fatty acids	5.6 g
Carbohydrates	18 g
Of which sugar	7.7 g
Fibers	10.3 g
Protein	21 g
Salt	0.015 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja

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Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Ja
Pistachios	Nein
Pistachios	Ja
Pistachios	Nein
Pistachios	Ja
Pistachios	Nein
Pistachios	Ja
Rye	Nein

Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein