

Organic White Beans 5kg

Mature, dried white beans with a firm consistency. The white to light yellow beans have a slightly sweet taste. They are rich in protein and fibre. These small white beans are perfect for soups such as Minestrone, as well as for antipasti, stews and salads.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1308 kj
Calorific value kcal	313 kcal
Fat	0.9 g
Of which saturated fatty acids	0.2 g
Carbohydrates	45.1 g
Of which sugar	2.1 g
Fibers	15.2 g
Protein	23.4 g
Salt	0.04 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein