

Nut fruit mixture organic 1kg

Designation: nut fruit mix

Description: The colorful fruit and nut mixture consists of sweet grapes and mulberries such as cranberries, complemented by crunchy cashews, Brazil nuts and almonds and rounded off with crunchy banana chips. A varied snack for trail mix lovers! For leisurely nibbling at home and on the go, for muesli mixes or also for preparing energy bars or baked goods.

Ingredients: grapes* 27% (grapes* 99, 5%, sunflower oil*), mulberries* 18%, **brazil nut kernels* 16%** almonds brown* 15%, **cashew kernels* 9%**, banana chips* 6% (bananas* 72%, coconut oil*, cane sugar*), cranberries* 4% (cranberries* 60%, cane sugar*, sunflower oil*), **pistachio kernels green* 4**

*** from controlled organic cultivation**

Raw food: No

Fairtrade: No

Gluten-free: No

Vegan: Yes

Superfood: No

Naturally gluten-free: No

Plastic-free: No

Organic: Yes

Recipe change: Yes

Value Pack: Yes

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1979 kj
Calorific value kj	1989 kj
Calorific value kcal	473 kcal
Calorific value kcal	476 kcal
Fat	25.5 g
Fat	26.3 g
Of which saturated fatty acids	6.2 g
Of which saturated fatty acids	5.8 g
Carbohydrates	49.1 g
Carbohydrates	47.2 g
Of which sugar	35.3 g
Of which sugar	34.8 g
Fibers	5.3 g
Fibers	6.2 g
Protein	9.1 g
Protein	9.4 g
Salt	0.016 g
Salt	0.014 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein

Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Ja
Cashews	Nein
Cashews	Ja
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Ja
Almonds	Nein
Almonds	Ja
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Pecans	Nein
Pistachios	Ja

Pistachios	Nein
Pistachios	Ja
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein