Hempseed hulled organic 1kg

Designation: hemp seed hulled

Description: Whether in savoury dishes such as salads and soups, in sweet dishes such as muesli and porridge or as an ingredient in bars, energy balls and baked goods - hemp seeds are versatile and give every dish a nutritional boost. They are also excellent in smoothies or as a topping for an extra portion of good fats and proteins.

Preparation: Hemp seeds taste finely nutty. For sweet and savoury dishes such as muesli, bars, energy balls, salads, soups or in smoothie and for baked goods.

Ingridients: hemp seeds hulled*

* from controlled organic cultivation

Raw food: No Fairtrade: No Gluten-free: No Vegan: Yes Superfood: Yes Naturally gluten-free: No Plastic-free: No Organic: Yes Value Pack: Yes

ECO Control Point: DE-ÖKO-003

Zum Produkt

Nährwerte

Unzubereitet pro 100 g

| Calorific value kj | 2479 kj |
|--------------------------------------|----------|
| Calorific value kcal | 592 kcal |
| Fat | 48.8 g |
| Of which saturated fatty acids | 4.6 g |
| Carbohydrates | 4.7 g |
| Of which sugar | 1.5 g |
| Fibers | 4 g |
| Protein | 31.6 g |
| Salt | 0.013 g |

Allergene

| Gluten-containing cereal | Nein |
|--------------------------|------|
| Chicken egg | Nein |
| Peanuts | Nein |
| Milk Example Company | Nein |

| Celery | Nein |
|-----------------------------|------|
| Sesame seeds | Nein |
| Lupines | Nein |
| Crustaceans | Nein |
| Fish | Nein |
| Soy | Nein |
| Nuts | Nein |
| Mustard | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs | Nein |
| Cashews | Nein |
| Spelt | Nein |
| Barley | Nein |
| Oat | Nein |
| Hybrid Strains | Nein |
| Kamut | Nein |
| Macadamia | Nein |
| Almonds | Nein |
| Brazil Nuts | Nein |
| Pecans | Nein |
| Pistachios | Nein |
| Rye | Nein |
| Hazelnuts | Nein |
| Sesame | Nein |
| Walnuts | Nein |
| Wheat | Nein |