Goji berries organic 1kg

Designation: goji berries

Description: The coral-red goji berries, also known as buckthorn berries, have a fruity-tart, slightly sweet flavour and a rather firm, dry consistency. The small, intense red power berries are a real superfood and rich in fibre. They are traditionally grown in China. They are ideal for muesli, as a topping, for baking and for cooking, e.g. as a special visual and flavourful note in oriental rice dishes and curries.

Preparation: The red power berry brings colour to breakfast. An ideal topping for muesli, porridge and fruit salad. But also a real eye-catcher in rice bowls.

Ingridients: goji berries*

* from controlled organic cultivation

Raw food: No Fairtrade: No Gluten-free: No Vegan: Yes Superfood: Yes

Naturally gluten-free: No Plastic-free: No

Organic: Yes Value Pack: Yes

ECO Control Point: DE-ÖKO-003

Zum Produkt

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1436 kj
Calorific value kcal	343 kcal
Fat	0.4 g
Carbohydrates	64.1 g
Of which sugar	45.6 g
Fibers	13 g
Protein	14.3 g
Salt	0.745 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein

Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein