# Organic apple rings 1kg

Soft, dried apple rings from organic farming in Europe. The rings have a golden yellow to light brown colour. Their taste is typically fruity and varies depending on the apple variety used, from rather sweet to sweet-and-sour. These apple rings are a fibre-rich, natural snack and thus an ideal treat for in between. Enjoy this delicacy pure, in mixtures or chopped in muesli, porridge and as an ingredient for energy bars and balls. Also suitable as an ingredient for cake and muffin doughs, best rounded off with a generous pinch of <a href="Ceylon cinnamon">Ceylon cinnamon</a>. Prefer your apple-cinnamon breakfast enjoyment ready mixed? <a href="Click here">Click here</a>.

#### Zum Produkt

#### Nährwerte

### Unzubereitet pro 100 g

| Calorific value kj             | 1500 kj  |
|--------------------------------|----------|
| Calorific value kcal           | 358 kcal |
| Fat                            | 0.8 g    |
| Of which saturated fatty acids | 0.3 g    |
| Carbohydrates                  | 80.2 g   |
| Of which sugar                 | 69.6 g   |
| Fibers                         | 10.8 g   |
| Protein                        | 2.2 g    |
| Salt                           | 0.03 g   |
|                                |          |

## Allergene

| Gluten-containing cereal     | Nein |  |
|------------------------------|------|--|
| Chicken egg                  | Nein |  |
| Peanuts                      | Nein |  |
| Milk                         | Nein |  |
| Celery                       | Nein |  |
| Sesame seeds                 | Nein |  |
| Lupines                      | Nein |  |
| Crustaceans                  | Nein |  |
| Fish                         | Nein |  |
| Soy                          | Nein |  |
| Nuts                         | Nein |  |
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| Mustard                     | Nein |
|-----------------------------|------|
| Sulfur dioxide and sulphite | Nein |
| Molluscs                    | Nein |
| Cashews                     | Nein |
| Spelt                       | Nein |
| Barley                      | Nein |
| Oat                         | Nein |
| Hybrid Strains              | Nein |
| Kamut                       | Nein |
| Macadamia                   | Nein |
| Almonds                     | Nein |
| Brazil Nuts                 | Nein |
| Pecans                      | Nein |
| Pistachios                  | Nein |
| Rye                         | Nein |
| Hazelnuts                   | Nein |
| Sesame                      | Nein |
| Walnuts                     | Nein |
| Wheat                       | Nein |