

# Organic Sesame Paste (Tahini) 100% 250g | Now Terrasana - Same Quality

Our Organic Tahini is crafted from unpeeled, lightly roasted, and ground sesame seeds. Known also as Tahini or Tahina, this paste boasts a delightfully nutty flavour. During storage, its natural sesame oil may separate and rise to the top. Simply stir it back in for a creamy consistency and enjoy. Tahini is delicious on its own, spread on bread, or paired with sweet honey or jam. Originating from Arabic cuisine, it lends an exotic touch to stir-fried vegetables, soups, sauces, and dressings. It's also a key ingredient in Hummus, a Middle Eastern chickpea puree that has gained popularity worldwide. How else can you use Tahini? Enhance your baked goods like pancakes and cookies with a touch of sesame paste for a new taste sensation.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	2754 kj
Calorific value kcal	658 kcal
Fat	58 g
Of which saturated fatty acids	8.4 g
Carbohydrates	4.1 g
Of which sugar	0.7 g
Fibers	7.9 g
Protein	26 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Ja
Walnuts	Nein
Wheat	Nein