

# Coconut oil virgin organic

**Designation:** Kokosöl nativ

**Description:** This virgin coconut oil is cold-pressed from the fully ripe fruit flesh. This preserves valuable ingredients and the fine coconut flavor particularly well. It can be heated to a high temperature but is also an ideal alternative as a spread.

**Preparation:** Now new in a screw-top jar! Exotic, delicately nutty and mild in taste. Use our virgin coconut oil in the kitchen for cooking, frying and deep-frying or as a baking ingredient instead of butter. Thanks to its natural composition with a high proportion of medium-chain solid acids, it is long-lasting and heat-stable.

**Ingridients:** coconut oil\*

\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** No  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Value Pack:** Yes

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

**Unzubereitet pro 100 g**

Calorific value kj	3762 kj
Calorific value kcal	899 kcal
Fat	99.9 g
Of which saturated fatty acids	93.2 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein

Example Company

Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein