

# Organic Native Coconut Oil in Screw Top Jar 1l

This native coconut oil is cold-pressed from fully ripe fruit flesh, preserving valuable nutrients and a delicate coconut flavour. It's suitable for high heat cooking and also serves as an excellent alternative to spreadable fats.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

Calorific value kj	3762 kj
Calorific value kcal	899 kcal
Fat	99.9 g
Of which saturated fatty acids	93.2 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein

Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein