

Organic coconut milk, 1 can of 2.9 kg

Coconut milk is a white, creamy liquid that is extracted from the grated and pressed flesh of mature coconuts. The desired fat content is set by adding water. This mixture is cooked, filled into cans, and made durable through pasteurization. Coconut milk has a slightly sweet taste and possesses the typical coconut flavor. It is therefore excellent for the preparation of creamy curries and soups, for baking, and for a variety of dessert variations.

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	920 kj
Calorific value kcal	220 kcal
Fat	22 g
Of which saturated fatty acids	19.3 g
Carbohydrates	3.4 g
Of which sugar	1.4 g
Protein	2.1 g
Salt	0.05 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein

Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein