

# Organic Wineberries 6x500g

Dried wineberries of the Flames variety. The berries have a fruity, sweet taste, are medium to dark brown in colour, and have a soft consistency. They are a source of dietary fibre and are perfect for use in muesli, baked goods, trail mix, and much more.

[Zum Produkt](#)

## Nährwerte

### Unzubereitet pro 100 g

|                                |          |
|--------------------------------|----------|
| Calorific value kj             | 1365 kj  |
| Calorific value kcal           | 326 kcal |
| Fat                            | 0.5 g    |
| Of which saturated fatty acids | 0.1 g    |
| Carbohydrates                  | 75.5 g   |
| Of which sugar                 | 59.2 g   |
| Fibers                         | 3.7 g    |
| Protein                        | 3.1 g    |
| Salt                           | 0.028 g  |

## Allergene

|                          |      |
|--------------------------|------|
| Gluten-containing cereal | Nein |
| Chicken egg              | Nein |
| Peanuts                  | Nein |
| Milk                     | Nein |
| Celery                   | Nein |
| Sesame seeds             | Nein |
| Lupines                  | Nein |
| Crustaceans              | Nein |

|                             |      |
|-----------------------------|------|
| Fish                        | Nein |
| Soy                         | Nein |
| Nuts                        | Nein |
| Mustard                     | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs                    | Nein |
| Cashews                     | Nein |
| Spelt                       | Nein |
| Barley                      | Nein |
| Oat                         | Nein |
| Hybrid Strains              | Nein |
| Kamut                       | Nein |
| Macadamia                   | Nein |
| Almonds                     | Nein |
| Brazil Nuts                 | Nein |
| Pecans                      | Nein |
| Pistachios                  | Nein |
| Rye                         | Nein |
| Hazelnuts                   | Nein |
| Sesame                      | Nein |
| Walnuts                     | Nein |
| Wheat                       | Nein |