

Brazil nut pieces organic 1kg

Designation: brazil nut pieces

Description: The product comprises pieces of Brazil nut kernels in a range of sizes. The ivory-coloured nut kernels with brown skin have a crunchy consistency and a mildly aromatic taste. Brazil nut kernels have a high fibre content. They are sourced from the wild in the rainforests of the Amazon region, where they are collected with great care and attention. They are available from Bolivia, Brazil and Peru. An ideal choice for nibbling or for use in your own mixes. When finely chopped, they are a fine nutty ingredient for biscuits, muesli bars or energy balls.

Preparation: The nuts are great for snacking or making your own recipes. They also taste good in biscuits, muesli bars or energy balls.

Ingridients: brazil nut kernels*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Value Pack: Yes

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	2899 kj
Calorific value kcal	693 kcal
Fat	67.1 g
Of which saturated fatty acids	16.1 g
Carbohydrates	4.2 g
Of which sugar	2.3 g
Fibers	7.5 g
Protein	14.3 g
Salt	0.008 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Ja
Nuts	Nein
Nuts	Ja
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Ja
Brazil Nuts	Nein
Brazil Nuts	Ja
Pecans	Nein
Pistachios	Nein
Rye	Nein

Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein