Caraway whole organic 300g

Designation: whole caraway

Description: Dried whole caraway seeds. The seeds have a sweet, balsamic, slightly bitter and spicy flavour. Its intense flavour makes it ideal for sourdough bread and savoury pastries such as onion tart. It also adds flavour to cabbage, pickled cabbage, potato dishes and hearty stews.

Preparation: Organic caraway adds a distinctive flavour to sourdough bread and savoury pies and pastries such as onion tart. It also adds flavour to cabbage and potato dishes and hearty stews, making them more digestible.

Ingridients: caraway whole*

* from controlled organic cultivation

Raw food: No Fairtrade: No Gluten-free: No Vegan: Yes Superfood: No

Naturally gluten-free: No Plastic-free: No Organic: Yes Value Pack: Yes

ECO Control Point: DE-ÖKO-003

Zum Produkt

Nährwerte

Unzubereitet pro 100 g

| Calorific value kj | 1612 kj |
|--------------------------------|----------|
| Calorific value kcal | 385 kcal |
| Fat | 14.6 g |
| Of which saturated fatty acids | 0.6 g |
| Carbohydrates | 37.3 g |
| Of which sugar | 7.4 g |
| Fibers | 12.7 g |
| Protein | 19.8 g |
| Salt | 0.04 g |

Allergene

| Gluten-containing cereal | Nein |
|--------------------------|------|
| Chicken egg | Nein |
| Peanuts | Nein |
| Milk | Nein |

| Celery | Nein |
|-----------------------------|------|
| Sesame seeds | Nein |
| Lupines | Nein |
| Crustaceans | Nein |
| Fish | Nein |
| Soy | Nein |
| Nuts | Nein |
| Mustard | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs | Nein |
| Cashews | Nein |
| Spelt | Nein |
| Barley | Nein |
| Oat | Nein |
| Hybrid Strains | Nein |
| Kamut | Nein |
| Macadamia | Nein |
| Almonds | Nein |
| Brazil Nuts | Nein |
| Pecans | Nein |
| Pistachios | Nein |
| Rye | Nein |
| Hazelnuts | Nein |
| Sesame | Nein |
| Walnuts | Nein |
| Wheat | Nein |