

Oregano rubbed organic 300g

Designation: oregano rubbed

Description: Our shredded organic oregano, also known as 'wild marjoram', has a characteristic brownish-green color. Its warm, woody aroma with a peppery note is unmistakable and is often associated with hearty, spicy dishes. With its strong flavor, organic oregano is an indispensable spice in many international cuisines, but especially in Mediterranean and Italian cooking. It is a key ingredient in many pizza and pasta sauces. A traditional Italian dish such as spaghetti bolognese or lasagne would be hard to imagine without the unique taste of organic oregano. But even beyond Italy, oregano is appreciated throughout the Mediterranean for a variety of culinary specialties. Our organic oregano is carefully rubbed and gently dried to guarantee you the highest quality and full flavor

Preparation: Organic dried oregano is a versatile spice that can be used in many different cuisines and dishes. It adds depth and complexity to any dish in which it is used.

Ingridients: oregano dried rubbed*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Value Pack: Yes

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1526 kj
Calorific value kcal	365 kcal
Fat	10.3 g
Of which saturated fatty acids	1.9 g
Carbohydrates	49.5 g
Of which sugar	9.4 g
Fibers	15 g
Protein	11 g
Salt	0.04 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts Example Company	Nein

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein