

Cinnamon sticks (8-10cm) Ceylon organic 300g

Designation: cinnamon sticks

Description: Our organic Ceylon cinnamon sticks, which are between 8 and 12 cm long, are characterized by their fine and pleasantly sweet taste. Compared to cassia cinnamon, organic Ceylon cinnamon is less pungent and contains less coumarin, making it a high-quality cinnamon variant. Whether in whole sticks or broken, organic cinnamon is a popular addition to sauces, compotes, milk and fruit soups, game ragouts, punch, mulled wine and rum pots. Ceylon cinnamon is obtained by carefully peeling the tender shoots of the Ceylon cinnamon tree (*Cinnamomum verum*), which makes it easily recognizable by its thin layers. Most of our cinnamon sticks come from Sri Lanka or Madagascar. We also offer ground Ceylon cinnamon in various container sizes.

Preparation: The fine flavour of organic Ceylon cinnamon sticks adds a warm, spicy aroma to pastries, desserts and recipes using plums, pears or apples. Cinnamon can also be added to hot drinks such as spicy chai tea, hot chocolate or warming fruit punch, and to savoury dishes such as red cabbage, gravies and curries. For a more intense flavour, cinnamon sticks can be lightly broken or ground before use.

Ingridients: cinnamon sticks*

* from controlled organic cultivation

Raw food: No
Fairtrade: No
Gluten-free: No
Vegan: Yes
Superfood: No
Naturally gluten-free: No
Plastic-free: No
Organic: Yes
Value Pack: Yes

ECO Control Point: DE-ÖKO-003

[Zum Produkt](#)

Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1024 kj
Calorific value kcal	245 kcal
Fat	1.2 g
Of which saturated fatty acids	0.3 g
Carbohydrates	28 g
Of which sugar	2.2 g
Fibers	53 g
Protein	4 g
Salt	0.03 g

Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein

Peanuts	Nein
Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein

Wheat

Nein