

# Thyme rubbed organic 300g

**Designation:** thyme rubbed

**Description:** Our organic thyme, rubbed and dried, has a characteristic grey-green color and a strong aromatic scent. Its tart, aromatic flavor, paired with a slightly bitter, earthy-smoky note, makes it an indispensable part of any spice collection. After careful harvesting, the fine leaves are separated from the plant stem and gently dried to guarantee you the highest quality. Organic thyme is a versatile spice that can be used in numerous styles of cooking. It is an integral part of Mediterranean cuisine and adds a special depth to a variety of dishes, be it fish, meat, organic pasta or potato dishes. Thyme harmonizes particularly well with sauces, tomato and mushroom dishes. It is also often used in spice blends or in combination with other popular Mediterranean spices such as organic basil, organic oregano and organic rosemary

**Preparation:** Fine Organic Thyme can be used in a wide variety of ways in the kitchen and is an essential ingredient, especially in the Mediterranean cuisine.

**Ingridients:** thyme dried rubbed\*

\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** No  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Value Pack:** Yes

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

**Unzubereitet pro 100 g**

Calorific value kj	1345 kj
Calorific value kcal	321 kcal
Fat	7.4 g
Of which saturated fatty acids	3.7 g
Carbohydrates	45.3 g
Of which sugar	44.9 g
Fibers	18.6 g
Protein	9.1 g
Salt	0.14 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts Example Company	Nein

Milk	Nein
Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein