

# Coriander whole organic 300g

**Designation:** coriander whole

**Description:** Their unique sweet, slightly citrusy flavor makes them an indispensable ingredient in Indian, Arabic and Asian cuisine. They are often combined with

**Preparation:** Organic coriander seeds are a versatile spice used in many cuisines around the world. They add a unique, warm, sweet and slightly citrusy flavour to many dishes including Indian curries, Moroccan specialties and European stews and pastries.

**Ingridients:** coriander seeds whole\*

\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** No  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Value Pack:** Yes

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

Unzubereitet pro 100 g

Calorific value kj	1555 kj
Calorific value kcal	372 kcal
Fat	17.8 g
Of which saturated fatty acids	1 g
Carbohydrates	25.9 g
Of which sugar	24.6 g
Fibers	29.1 g
Protein	12.4 g
Salt	0.09 g

## Allergene

Gluten-containing cereal	Nein
Chicken egg	Nein
Peanuts	Nein
Milk	Nein

Celery	Nein
Sesame seeds	Nein
Lupines	Nein
Crustaceans	Nein
Fish	Nein
Soy	Nein
Nuts	Nein
Mustard	Nein
Sulfur dioxide and sulphite	Nein
Molluscs	Nein
Cashews	Nein
Spelt	Nein
Barley	Nein
Oat	Nein
Hybrid Strains	Nein
Kamut	Nein
Macadamia	Nein
Almonds	Nein
Brazil Nuts	Nein
Pecans	Nein
Pistachios	Nein
Rye	Nein
Hazelnuts	Nein
Sesame	Nein
Walnuts	Nein
Wheat	Nein