

# Allspice milled organic

**Designation:** allspice milled

**Description:** The half-ripe, fermented berries of the allspice tree are dried and ground. The fine powder obtained has a light to dark brown colour and a spicy aroma. The flavour is sweet and spicy and is reminiscent of cloves, ginger, nutmeg and cinnamon. It adds a special flavour to marinades, sauces and sweet baked goods. It is also an ingredient in spice blends for gingerbread, mulled wine and curry.

**Preparation:** Organic allspice can be used in many different ways in the kitchen. It refines savoury dishes such as marinades, sauces and vegetable dishes as well as sweet baked goods.

**Ingridients:** allspice milled\*

\* from controlled organic cultivation

**Raw food:** No  
**Fairtrade:** No  
**Gluten-free:** No  
**Vegan:** Yes  
**Superfood:** No  
**Naturally gluten-free:** No  
**Plastic-free:** No  
**Organic:** Yes  
**Value Pack:** No

**ECO Control Point:** DE-ÖKO-003

[Zum Produkt](#)

## Nährwerte

**Unzubereitet pro 100 g**

|                                |          |
|--------------------------------|----------|
| Calorific value kj             | 1456 kj  |
| Calorific value kcal           | 348 kcal |
| Fat                            | 8.7 g    |
| Of which saturated fatty acids | 3.1 g    |
| Carbohydrates                  | 50.5 g   |
| Of which sugar                 | 48 g     |
| Fibers                         | 21.6 g   |
| Protein                        | 6.1 g    |
| Salt                           | 0.2 g    |

## Allergene

|                          |      |
|--------------------------|------|
| Gluten-containing cereal | Nein |
| Chicken egg              | Nein |
| Peanuts                  | Nein |

|                             |      |
|-----------------------------|------|
| Milk                        | Nein |
| Celery                      | Nein |
| Sesame seeds                | Nein |
| Lupines                     | Nein |
| Crustaceans                 | Nein |
| Fish                        | Nein |
| Soy                         | Nein |
| Nuts                        | Nein |
| Mustard                     | Nein |
| Sulfur dioxide and sulphite | Nein |
| Molluscs                    | Nein |
| Cashews                     | Nein |
| Spelt                       | Nein |
| Barley                      | Nein |
| Oat                         | Nein |
| Hybrid Strains              | Nein |
| Kamut                       | Nein |
| Macadamia                   | Nein |
| Almonds                     | Nein |
| Brazil Nuts                 | Nein |
| Pecans                      | Nein |
| Pistachios                  | Nein |
| Rye                         | Nein |
| Hazelnuts                   | Nein |
| Sesame                      | Nein |
| Walnuts                     | Nein |
| Wheat                       | Nein |